

Their Story – A Grief Healing Process

for 6 weeks/60-90 minutes a week

2511 E. 3rd St., Mishawaka

Tell the life story of who you lost

Create a biography, composition, artwork,
scrapbook to honor their memory

Session times customized for each group

Cost – if desired, make a donation

Register interest to group facilitator:

DeanHeisey@gmail.com

call or text Dean at 574-360-9642 for info



Dean Heisey is a former board certified hospital chaplain and long-term pastor with extensive group facilitation experience and listening/writing background.



Narrative-telling enables healing!

This six-week grief group offers a unique and meaningful approach to healing after the loss of a loved one. Rather than focusing on grief theory or traditional support, participants will tell the life story of the person they lost, segment by segment, while working on a tribute project such as a biography, artwork, composition, or even designing a tribute tattoo. The group concludes with a special "reunion" session 6 weeks after the program, where participants share their completed projects as a step in the healing process. With a focus on integrating memories in new ways, this transformative experience requires a commitment to all sessions, a minimum of 3 and maximum of 6 participants, and is open only to those addressing the loss of a loved one. Participants are encouraged to support one another throughout the journey, creating a collaborative and impactful group dynamic.